

Heroes Martial Arts Downtown Schedule 450 S 1st Street San Jose CA 95113

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM	BJJ (All Levels) Gumby	BJJ (All Levels) Gumby	BJJ (All Levels) Gumby	BJJ (All Levels) Gumby	BJJ (All Levels) Ben		
10:00 AM	BJJ (All Levels) Trevor	BJJ No Gi Trevor	BJJ (All Levels) Trevor	BJJ No Gi Trevor		BJJ (All Levels) Trevor	BJJ (All Levels) Migs
Noon	BJJ (All Levels) Bobby and Paul	BJJ (All Levels) Bobby and Paul	BJJ (All Levels) Bobby and Paul	BJJ (All Levels) Bobby and Paul	BJJ (All Levels) Bobby and Paul		
5:00 PM	BJJ Fundamentals Gumby		BJJ Fundamentals Gumby				
6:00 PM	BJJ No Gi Gumby	BJJ (All Levels) Trevor	BJJ No Gi Gumby	BJJ (All Levels) Trevor	Happy Hour Mat Trevor		
8:00 PM	BJJ (All Levels) Julius and Dave		BJJ (All Levels) Julius and Dave				

All classes are at least 90 minutes long EXCEPT

BJJ Fundamentals 1 Hour Long

Students only have to check in for first class of the session attending (IE A student checking into 5:00PM Fundamentals does NOT need to check in again for 6:00 PM BJJ No Gi)