

Heroes Martial Arts Eastside Schedule 418 N Capitol Ave San Jose CA 95113

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM						BJJ (All Levels) Nick	
10:00 AM		BJJ (All Levels) Gumby		BJJ (All Levels) Gumby			
3:15 PM	Youth BJJ Chuck	Youth BJJ Chuck	Youth BJJ Chuck	Youth BJJ Chuck	Youth BJJ Chuck		
5:00 PM	Teens BJJ Nick	BJJ Fundamentals Nick	Teens BJJ Nick	BJJ Fundamentals Nick	Teens BJJ Nick		BJJ (Masters) Dante
6:00 PM	BJJ (All Levels) Nick	BJJ (All Levels) Nick	BJJ (All Levels) Nick	BJJ (Masters) Dante	BJJ (All Levels) Nick		

Youth Class Time 3:15 PM to 4:15 PM

Students only have to check in for first class of the session attending (IE A student checking into 5:00PM Fundamentals does NOT need to check in again for 6:00 PM BJJ All Levels)

BJJ (Masters) refers to the divisions catering to 30 years of age and up.